

Water for Life



Bless Kenyan families with clean water — and the Living Water of Jesus Christ — through this year’s Lenten outreach.



Joyce walks more than 12 miles to find water for her family.

As a hardworking mother of four, Joyce Shuaka wakes up and hits the ground running. From sun-up to sundown, she is busy cooking, cleaning and finding time to pray for her family. Before any of these activities can take place, however, she must collect water from Lake Jipe — a walk of more than 12 miles from her home in Orkung’u.

Unfortunately, Lake Jipe is contaminated, and Joyce’s neighbors frequently contract bilharzia and other diseases from drinking its water. Joyce’s family is risking their health to quench their thirst, and her children are also risking their education. They often miss school to help their mother carry her heavy jerrycans home.

“I normally pray and ask God to give us water, benefactors who are going to assist us in order to give us good health and safe water for drinking, and for our children at least to have a better life,” Joyce reveals. “Without water, there’s nothing we can do — so water is life for us.”

Securing basic human necessities should never cost a family their health and safety, but tragically, Joyce’s challenges are common for many poor villagers who live between the Diocese of Machakos and Archdiocese of Mombasa in southern Kenya. These families need access to safe, clean water. Their very lives depend on it.

This Lent, you can save lives, transform communities and share the mercy of Christ in southern Kenya.

Please respond generously to share clean water with those in desperate need!

“But those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.”

John 4:14



Give Hope and Healing This Lent

This Lenten season, we are working with Cross Catholic Outreach to share Christ's mercy with Kenyan communities in need of clean, safe water. We can apply the three pillars of Lent — prayer, fasting and almsgiving — to quench their thirst, cure their waterborne diseases and even save their lives!



PRAY — for families in southern Kenya that do not have *safe, clean water*.



FAST — from something for *40 days*, using the extra time and money to help the poor.



GIVE — financial support to transform *10 communities* with clean water systems.



A Maasai woman collects water from a muddy, polluted lake near Orkung'u, a village in southern Kenya.

Consider how you can use your gifts and talents to bless Kenyan communities in need of clean water. Through fundraisers, prayer vigils and other creative activities, we can help share Water for Life with 67,177 people in need.

The Mission of Cross Catholic Outreach

We mobilize the global Catholic Church to transform the poor and their communities materially and spiritually for the glory of Jesus Christ.



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