



Vitafood Meals for the Hungry

— Haiti —



Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

JOHN 6:35



Executive Summary

Description

This project will send nutrient-rich Vitafood meals to feed hungry orphans, schoolchildren and other vulnerable Haitians served by our ministry partner, the Archeveche de Port-au-Prince. Vitafood is loaded with vitamins and minerals specifically designed to energize, strengthen and improve the health of malnourished children and families.



Purpose

To reduce hunger, strengthen the positive impact of local Catholic programs and demonstrate Christ's love for the poor and vulnerable.

Location

Located on the hurricane-prone island of Hispaniola in the Caribbean, Haiti is considered the poorest country in the Western Hemisphere.

Cost

\$60,000 will enable Cross Catholic Outreach to ship three containers of Vitafood to Haiti, providing approximately 816,480 meals for hungry children and at-risk people.

Highlights

NEED

- The impoverished nation of Haiti has one of the highest levels of food insecurity in the world.
- In a country of around 10.9 million people, 4.4 million are experiencing high levels of food insecurity, impacting children more than any other group.
- Recent political unrest and the impact of the COVID-19 pandemic have increased hunger and poverty.

IMPACT

- Cross Catholic Outreach has been given access to thousands of nutrient-rich meals — we just need the funds to ship them to feed the hungry!
- These fortified rice meals, called Vitafood, are loaded with vitamins and minerals specifically designed to energize, strengthen and improve the health of malnourished children and families.
- These meals will prevent hunger while supporting orphanages, schools and other programs reaching the country's most vulnerable.

Help Cross Catholic Outreach fill empty stomachs and share the hope of the Bread of Life, Jesus Christ, with poor families!



The Need: Hunger and Hopelessness



Your support will ship Vitafood meals to Haiti's poorest children and families.

Hunger pangs shouldn't be a normal part of childhood, but for many poor boys and girls in Haiti that hardship is a daily reality.

Chronic hunger is tragically common in Haiti because economic setbacks, social unrest and frequent natural disasters have produced a level of poverty there that most Americans can't even begin to imagine. Children born to subsistence-level farmers are particularly at risk. Many must survive on just one small meal a day, if that, and this can eventually lead to actual malnutrition — a medical condition that stunts growth, weakens immune systems and diminishes brain development, sometimes permanently.

Health statistics put these dire situations into perspective, and the numbers we see are staggering. In Haiti, it's estimated that nearly 4.4 million Haitians need some level of food assistance, and 1.2 million suffer from severe hunger. Children are most victimized by this crisis, with 22% of them qualifying as chronically malnourished and 66% of those under the age of 5 suffering from anemia (World Food Programme).

Without intervention, these children face dire consequences, some of which could produce long-term physical or mental damage. Hunger also causes a tragic number of boys and girls to drop out of school, either because they are unable to focus on their

studies or because their families pour all their energy and resources into simply finding food.

For all of these reasons, Cross Catholic Outreach makes solving Haiti's hunger crisis a priority, and to make progress in that critical mission, we need your help.

Join us as we empower our in-country partner, the Archeveche de Port-au-Prince, to provide solutions. Our current goal is to ship and distribute Vitafood to poor families through a network of ministries, parishes, medical clinics, schools and orphanages that are feeding the hungry and sharing the life-transforming message of the Bread of Life, Jesus Christ. ***The need is urgent, and the solution is simple. Help us ship Vitafood to families today!***

What is Vitafood?

- Vitafood is a fortified rice product loaded with vitamins and minerals and scientifically designed to energize, strengthen and improve the health of malnourished children and families.
- Because the Vitafood meals are donated to us, we only need to cover the cost to ship them to the hungry.



Feed Hungry Families

The Catholic Church has a rich history of manifesting the mercy of God to people in need. You can play an important part in fulfilling this important mission today by helping us feed our brothers and sisters in Haiti. Your gift will ship Vitafood to the Archeveche de Port-au-Prince, a trusted Cross Catholic Outreach ministry partner, allowing the diocese to distribute those lifesaving resources to local parishes, schools, orphanages and ministries.

This is your opportunity to deliver healthy meals to those who need it most!

God has called his people to share their food with the poor and to proclaim his love as we meet this basic human need. Your financial support will empower Catholic ministries to fill empty stomachs and proclaim the love of Christ, saving lives and healing hearts one meal at a time.



Please give generously to feed hungry families today!

Our Mission

We mobilize the global Catholic Church to transform the poor and their communities materially and spiritually for the glory of Jesus Christ.

Good Stewardship

We consider every gift we receive as a precious resource from God. We direct every donation to its intended project, provide honest and accurate reports to our donors, and keep overhead costs to an industry low. We handle funds with utmost integrity and hold our ministry partners in the field to the same high standards by asking them to document costs and the impact of their outreach. These detailed accountability measures have earned us ongoing accreditation by the following organizations:



The Chronicle of Philanthropy
The nonprofit world's No. 1 news source

Our Promise to You!

Donations from this campaign will be used to cover any expenditures for this project incurred through June 30, 2023, the close of our ministry's fiscal year. In the event that more funds are raised than needed to fully fund the project, the excess funds, if any, will be used to meet the most urgent needs of the ministry.

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